

Vaginal Bleeding

When the uterus sheds its lining, menstruation occurs. This bleeding may be heavy or light. When bleeding is heavy you would typically soak a pad an hour for several hours. Heavy vaginal bleeding can result in anemia and be caused by many different problems.

Some common causes of abnormal vaginal bleeding include uterine fibroids, polycystic ovarian syndrome, cervicitis, missed birth control pills or hormone replacement therapy medication, and polyps which can be from the lining of the uterus and/or the cervix.

In most cases unexpected or heavy vaginal bleeding warrants evaluation. For example, abnormal bleeding during the menopausal or perimenopausal time period might be a sign of a cancer or precancer. Also, any symptoms of anemia associated with heavy or abnormal vaginal bleeding needs immediate consultation. Obviously bleeding during pregnancy warrants immediate attention.